

Little Lungs

0-5
years

WIRRAL &
CHESHIRE WEST

Do you have a child aged 0-5
years with a respiratory condition?

Feeling lonely, tired or stressed?

Want to talk to someone who
understands how it feels?

We are here for you

Supporting families with respiratory
conditions in children aged 0-5



Group Support & One To One

We know that caring for a little one with breathing difficulties can be overwhelming and exhausting at times.

Some parents find this to be a lonely time.

Our Parent Champions are here to be alongside you on your journey. With lived experience and full training, they can provide a listening ear, information and emotional support for families affected by respiratory conditions. Virtual support groups will be available to bring parents and carers who want to access peer support together in a safe space.



Sometimes it just feels good to chat



To access support:



Call 0151 608 8288 to request a call back

Interpretation service available if English is not your first language
www.wmo.org.uk/little-lungs

Get in touch:



admin@koalanw.co.uk



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